

To the Parents/Guardians

May 15th, 2020

Procedures for preventing the spread of COVID-19 after re-opening the schools

Hekinan Board of Education

Thank you for your continued understanding and support for the education in Hekinan city.

As we re-open the schools and proceed with the studies, we will be taking the following measures in the schools to prevent the spread of COVID-19. Any cooperations will be greatly appreciated.

1 The basic measures for prevention of virus spread

(1) Avoid the 3C's (Closed spaces, Crowded places, Close-contact)

(2) Wearing a mask

(3) Being thorough about frequently washing hands and gargling

(4) Disinfection of inside the school

① All equipments used in the classrooms such as doorknobs will be disinfected more than once a day.

② In an event if someone is infected with the virus, we will be following the guidance from the public health center.

(5) Request to all the Parents and Guardians

① Please make sure to get enough sleep and nutrition to strengthen the immune system.

② If you notice any of the following symptoms, please consult Kinuura Health Center (衣浦東部保健所) at 0566-22-1699.

A. Light cold-like symptoms such as fever and/or cough continuing for more than 4 days.

B. Strong symptoms such as breathlessness (Breathing difficulty), strong sense of exhaustion (fatigue), and/or high fever.

③ Please contact the school immediately if any of the following is known. If necessary, we may take appropriate measures such as attendance suspension and/or temporary closure of the school(s).

A. If the child or the family member is infected with the virus.

B. If the child or family member has been identified as a person who has been in close-contact with an infected person.

C. If the child or family has been requested to stay at home from the suspicion of being infected.

2 Measures that will be taken in the school

May 21st (Thursday)~May 28th (Thursday)

Class will be divided into 2 groups, taking turns going to school every other days.

3 periods of lessons in the morning (No school lunch)

May 29th (Friday)

All students attend school for 3 periods of lessons in the morning (No school lunch)

June 1st (Monday)~

Attend school with normal schedule, lessons conducted for whole day (School lunch available)

The same goes for the 1st graders as well.

(1) Before going to the school

- Please check the temperature and observe the health state of your child, and fill in the temperature on the "Health check card".
- If your child has a fever, or not feeling well, refrain from attending the school.

(2) Traveling to/from school

- Students will be walking forming 1 line within the group.

(3) Lessons

○ Lessons will consist of learning activities where droplet/spraying will be avoided as much as possible.

- Windows will regularly be opened for the ventilation.
- The desks will be facing the front of the classroom while keeping distance between the teachers and students, as well as students and students.
- Any pair or group activities where it requires close contact, face to face will not be conducted for a while.
- Chorus, cooking, and reading in a loud volume will not be conducted for a while.
- Swimming lessons will be cancelled this year.

(4) School lunch

- Students in charge of serving lunch will wash and disinfect their hands thoroughly, as well as wearing masks.
- All desks will be facing front, and no speaking while eating lunch.

(5) During the recess

- Students will be instructed with the basic measures such as avoiding the 3C's, wearing masks, etc.
- Students will be instructed to keep distance from their friends, and being careful about not speaking loudly and not doing any exercises that may result in hard breathing.

(6) Others

- In an event where student is not feeling well from symptoms such as fever and/or cough, please come and pick your child up from the school as soon as possible. After going home, please have your child stay at home until the symptoms disappear.